

## Adult Pass Benefits

### More Value With The Purchase of a Pass

Adults who purchase an **Annual, Winter, or Summer Pass** will receive the following benefits:

- Free outdoor courts (plus \$1 ball fee for leagues)
- Reduced private & semi-private lesson rate
- Reduced indoor courts
- Reduced prices on ball machine
- Additional price reduction on indoor courts Mon-Fri, 11 am-3 pm

All pass pricing can be found at [woodstennis.com](http://woodstennis.com) (click on "Pricing").

Family, Junior, and Senior passes and annual options paying monthly are available.

## Adult League Play Opportunities

If you are interested in finding out more about our Adult Leagues during the school year, visit our website.

If you're interested in joining a USTA team, please contact Lincoln League Coordinator at [tammyatwtc@gmail.com](mailto:tammyatwtc@gmail.com).

## Scholarship Opportunities

Woods Tennis Center takes its theme of "Taking the Game to the Community" seriously. Each year several adults and juniors receive scholarship assistance to learn and play tennis. Please contact us for scholarship information. Everyone should have the ability to learn this lifetime sport.

**Woods Tennis Center**  
**401 South 33<sup>rd</sup> Street**  
**402-441-7095**  
**[woodsleagues@gmail.com](mailto:woodsleagues@gmail.com)**  
**[woodstennis.com](http://woodstennis.com)**

## ADULT TENNIS INFORMATION

### Cardio Tennis

A great way to get in shape, stay fit, challenge yourself, and hit plenty of balls. Classes require a minimum of 4 players. Reserve your spot up to a week in advance at the front desk or by calling 402-441-7095.

*Cardio schedule for the session will be posted on [our website](#) on the first day of this session.*

### Adult Group Classes

**Refunds/credits given for long-term injury or illness only**

**Early Registration:** Received on or before Apr 13

**Late Registration:** Received on or after Apr 14

#### Adult Beginner 2.5-3.0 NTRP

A perfect introductory class for those new to the game and a great way to meet new people. Lessons may use a variety of ball types to help speed up skill development.

Mon 90M	9:30-11 am	Early \$90	Late \$105
Tue 60M	8-9 pm	Early \$60	Late \$70
Fri 60M	5:30-6:30 OR 6:30-7:30 pm	Early \$60	Late \$70

#### Adult Advanced Beginner 2.5-3.0 NTRP

A skill-building class for those that have had some experience, but are not yet ready to jump into leagues and matches.

Tue 60M	7-8 pm OR 8-9 pm	Early \$60	Late \$70
Wed 90M	9:30-11 am	Early \$90	Late \$105
Sat 60M	2:30-3:30 pm	Early \$60	Late \$70

#### Adult League Prep 3-3.5 NTRP

A more advanced class for those looking to develop some tactical knowledge to go with their technical skills. These players are looking to join, or are already involved in, league play and tournaments.

Mon 90M	11 am-12:30 pm	Early \$90	Late \$105
Wed 90M	11 am-12:30 pm	Early \$90	Late \$105
Fri 90M	11 am-12:30 pm	Early \$90	Late \$105
Sat 60M	11 am-noon	Early \$60	Late \$70
2-Pack (any two 90M LP classes)		Early \$165	Late \$195

#### Adult Competitive 3.5-4.0 NTRP

Our most advanced adult group class designed for those who are regular league players looking for more in-depth instruction.

Tue 60M	7-8 pm	Early \$60	Late \$70
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**Please sign up for one level only if registering for more than one class time.**



## Session V Winter 2025

**April 16-May 20**

**(5 weeks)**

**Early Registration:** Received on or before Apr 15

**Late Registration:** Received on or after Apr 16

Register online: [woodstennis.com/group-classes](http://woodstennis.com/group-classes)

### Future Sessions:

Summer Session I: June 2-July 2

Summer Session II: July 7-August 8

**Summer schedule will be posted on our website no later than April 28**

### New to Woods?

#### Take this class:

Ages 4-6: Little Aces

Ages 7-11: Red Ball

Age 12: Orange Ball

Ages 13-18: Teen Green

Ages 18+: Adult Classes

### Upcoming Tournaments

**Class B Girls State:** May 22 & 23

**Class A Girls State:** May 27 & 28

## Little Aces, Red, Orange, Green, Yellow (ROGY) Group Classes

These classes are run according to the [USTA Net Generations](#) guidelines, which use size, skill, age-specific courts, balls, and rackets to help players develop all tennis-related skills.

### **Little Aces-Foam** 4-6 years old

A fun motor and co-ordination skills class with a tennis focus. Foam balls on a 36' court and 21" or smaller racket

Thu	6-7 pm	Early \$59	Late \$69
Sat	11 am-noon	Early \$59	Late \$69
2-Pack (Thu & Sat)		Early \$110	Late \$130

### **Red** 7-11 years old

A beginner class designed to teach players the basics and skills. Red Balls on a 36' court and 23" or smaller racket

Mon & Wed	6-7 pm	Early \$123	Late \$143
Tue & Thu	6-7 pm	Early \$123	Late \$143
Thu Homeschool	1:30-2:30 pm	Early \$64	Late \$74
Fri	5:30-6:30 pm	Early \$64	Late \$74
Sat	10-11 am	Early \$64	Late \$74
2-Pack (Fri & Sat)		Early \$123	Late \$143
3-Pack (Mon, Wed, & Sat)		Early \$170	Late \$200
3-Pack (Tue, Thu, & Sat)		Early \$170	Late \$200

### **Orange** 9-13 years old

A step up from Red, designed to help players improve rallying, with an increase in point play. Orange balls on a 60' court and 25" racket

Mon & Wed	4-5, 6-7, OR 7-8 pm	Early \$123	Late \$143
Tue & Thu	6-7 pm	Early \$123	Late \$143
Tue 6-7 pm & Fri 4:30-5:30 pm		Early \$123	Late \$143
Tue 6-7 pm & Fri 5:30-6:30 pm		Early \$123	Late \$143
Tue 6-7 pm & Sat 9-10 OR 12-1		Early \$123	Late \$143
Fri	4:30-5:30 OR 5:30-6:30 pm	Early \$64	Late \$74
Sat	9-10 am OR noon-1	Early \$64	Late \$74
2-Pack (Fri & Sat)		Early \$123	Late \$143
3-Pack (Mon, Wed, & Sat)		Early \$170	Late \$200
3-Pack (Tue, Thu, & Sat)		Early \$170	Late \$200
3-Pack (Tue, Fri, & Sat)		Early \$170	Late \$200

### **Green** 10-14 years old

Class designed for players who have graduated from the Orange class. Green balls on a 78' court and 26"+ racket

Mon & Wed	4-5 OR 5-6 pm	Early \$123	Late \$143
Tue & Thu	5-6 pm	Early \$123	Late \$143
Sat	10-11 am	Early \$64	Late \$74
3-Pack (Mon, Wed, & Sat)		Early \$170	Late \$200
3-Pack (Tue, Thu, & Sat)		Early \$170	Late \$200

### **Yellow** 10-14 years old

Our first yellow ball class designed for middle school players with match experience that have graduated from the Green class. Yellow balls used on a full size court.

Mon & Wed	6-7 pm	Early \$123	Late \$143
Tue & Thu	6-7 pm	Early \$123	Late \$143
Sat	9-10 am	Early \$64	Late \$74
3-Pack (Mon, Wed, & Sat)		Early \$170	Late \$200
3-Pack (Tue, Thu, & Sat)		Early \$170	Late \$200

## JUNIOR TENNIS INFORMATION

### High School-Aged Group Classes

#### **Teen Green**

#### **13-18 years old**

A class created for teenage players relatively new to the game and looking to learn tennis skills. Green balls on a full-size court

Fri	4:30-5:30 pm	Early \$64	Late \$74
Sat	9-10 am	Early \$64	Late \$74
2-Pack (Fri & Sat)		Early \$123	Late \$143

#### **High School**

Reserve, JV, and Varsity players. This class is for players who have played some high school tennis and want to learn and push themselves in a fun environment.

Tue & Thu	4:30-6 pm	Early \$182	Late \$212
Saturday	1-2:30 pm	Early \$94	Late \$109
3-Pack (Tue, Thu, & Sat)		Early \$253	Late \$298

### Tournament Player Group Classes

#### **Tournament 1**

Tournament players with a singles UTR rating of 3 & above **and** have prior Head Pro Approval. Most players in this range are in the initial stages of competing in tournaments across the state.

Tue & Thu	4:30-6 pm	Early \$182	Late \$212
Saturday	1-2:30 pm	Early \$94	Late \$109
3-Pack (Tue, Thu, & Sat)		Early \$253	Late \$298

#### **Tournament 2**

Tournament players with a singles UTR rating of 5-7 **and** have prior Head Pro Approval. Most players will be high level Varsity high school and junior high players with a USTA district or sectional ranking.

#### **Tournament 3**

Players with a singles UTR rating of 7 or more **and** have prior Head Pro Approval. Most players will be playing Valley and National Tournaments

#### **Tournament 2 & 3 Schedules:**

Mon & Wed	4:30-6 pm	Early \$182	Late \$212
Saturday	1-2:30 pm	Early \$94	Late \$109
3-Pack (Mon, Wed, & Sat)		Early \$253	Late \$298



**Early Registration:** Received on or before Apr 13

**Late Registration:** Received on or after Apr 14

**Refunds/credits given ONLY for long-term injury or illness**

### Specialized Group Classes

We have pros available to do classes with the following groups:

- Adaptive
- Homeschoolers
- Wheelchair

If you're interested in creating or joining a group, please send an email to [woodsleagues@gmail.com](mailto:woodsleagues@gmail.com).

### Junior Pass Benefits

#### More Value With The Purchase of a Junior Pass

Juniors who purchase an **Annual, Winter, or Summer Pass** will receive the following benefits:

- Free outdoor courts all the time
- Reduced private & semi-private lesson rate
- Free in-house tournaments
- Ball machine:
  - Free "day-off":
    - Call the day you want to use the ball machine
    - 60-minute limit per day
  - Reduced ball machine when reservation made a day or more in advance
- Indoor court time:
  - Free "day-off":
    - Call the day you want a court and your portion of the court will be free
    - Opponents/parents will pay for their share of the court unless they're a junior pass holder
    - 90-minute limit per day
  - Reduced indoor courts when reservation made a day or more in advance

**Juniors in our Group Classes without a pass will receive free *outdoor* courts on a Drop-In basis.**